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On May 16, 2014, the Case Management Society of Singapore (CMSS) celebrated its inaugural anniversary celebration at the Institute of Mental Health's auditorium. The occasion was graced by Dr Jennifer Lee, Chairman, Agency for Integrated Care as its Guest of Honour (GOH).

Since its inception on 12 May, 2011 and its launch at the Up & Up: A Forum on Community Care in January 2013, this was the first time that CMSS celebrated its anniversary. The aim was to create a platform for the practising case managers, administrators and partners to interact and recognise the importance of the role of case managers (CMs) and care coordinators (CCs). The response from the guests and case managers was very encouraging.

Prior to the commencement of the programme, participants viewed a set of montage slides on the CMs & CCs at work and play. The programme commenced with addresses by Ms Koh Sai Fong, President, CMSS; A/P Chua Hong Choon, CEO, IMH and Dr Jennifer Lee, GOH.

In their addresses, A/P Chua and Dr Jennifer Lee included case studies of the important role of case managers and how they helped the patients in their care to achieve a better quality of life. Dr Lee also mentioned on initiatives by CMSS to raise the profile of case managers.

Following the addresses, a cake cutting ceremony was held on stage with Dr Lee, A/P Chua, Koh Sai Fong and Margaret Hendriks. The finale of the programme was an excellent performance by the IMH case management team, who provided fun and laughter to the audience, who had thoroughly enjoyed the short skit. The evening's programme ended with a buffet and the audience took the opportunity to mingle with friends and colleagues.

HADDY BIRTHDAY CMSS!

By Ann Yin

Check this link to view the montage on "Case Management in action" https://dl.dropboxusercontent.com/u/99883283/Case%20Management%20in%20Action%21.wmv

A visit to the new Medicare Centre & Nursing Home in Taman Perling, Johore.







On 18 Jan 2014, the members of Case Management Society Singapore were invited to visit an award - winning nursing facility, the new Medicare Centre & Nursing Home in Taman Perling, Johore.

The journey in an air-conditioned coach took over an hour, but it was an hour well spent with members making new friends and networking with each other.

The new nursing home wowed us with its impressive and looked alike 5 star hotel with close proximity to malls & hyper-marts. The new Medicare Centre & Nursing Home provided a comprehensive range of healthcare services which include residential care, sub acute nursing specialty, rehabilitative services, ambulance services and traditional Chinese medicine services, to name a few.

After a tour of the Medicare Centre & Nursing Home, we adjourned for a sumptuous lunch at Pekin Restaurant. The food at this restaurant was so delicious that CMSS Social Committee may consider organizing a trip here as their next social event.

Of course no trip was complete without shopping for the ladies. We were driven to City Square Mall in Johor where some of us took the opportunity to do our Lunar New Year shopping!

For those who joined this outing to Taman Perling we would not agree more that it was an eye opener to experience a winning model of care in a private nursing home industry. THANK YOU to ECON Healthcare Group for a wonderful time and Great Lunch!



My learning from the Advance Heart failure conference in Sept 2013 in Orlando Florida by Heart failure society of America

## Information received Treatment and strategies for management of Heart Failure with Preserve Ejection Fraction "Teach me how the teach back" Application to learning The up to date clinical information in managing patients with heart failure equipped me with the understanding and skills to anticipate and intervene appropriately to meet patients' needs. This teaching method enabled me to review and reflect on the education/

This teaching method enabled me to review and reflect on the education/ advice that has been given and has provided an opportunity for patients to express their understanding on coping with heart failure

